



# Building Lives 301

Plug-in Your Personality

Take a few moments and complete these personality tests. Remember, there are no right or wrong answers so be honest and use these tools to discover how you relate to people and how you express yourself. Bring these sheets to 301 so that you can plug in your personality info into your SHAPE profile.

## How I Relate to People

	Strong	Mild	Strong	
Reserved	<hr/>			Outgoing
Self-Controlled	<hr/>			Self-Expressive
Cooperative	<hr/>			Competitive

## How I Respond to Opportunities

Low Risk	<hr/>			High Risk
People	<hr/>			Projects
Follow	<hr/>			Lead
Teamwork	<hr/>			Solo
Routine	<hr/>			Variety

## Take the Lion, Otter, Beaver, Golden Retriever Personality Quiz

Circle the qualities that most often describe you in each category.

### Lion

Takes Charge  
Determined  
Assertive  
Firm  
Enterprising  
Competitive  
Enjoys challenges

Bold  
Purposeful  
Decision Maker  
Leader  
Goal-driven  
Self-reliant  
Adventurous

### Otter

Takes risks  
Visionary  
Motivator  
Energetic  
Very verbal  
Promoter  
Avoids details

Fun-loving  
Likes Variety  
Enjoys Change  
Creative  
Group-oriented  
Mixes easily  
Optimistic

Double the number circled: \_\_\_\_\_

Double the number circled: \_\_\_\_\_

### Beaver

Deliberate  
Controlled  
Reserved  
Predictable  
Practical  
Orderly  
Factual

Discerning  
Detailed  
Analytical  
Inquisitive  
Precise  
Persistent  
Scheduled

### Golden Retriever

Loyal  
Non-demanding  
Even keel  
Avoids conflict  
Enjoys routine  
Dislikes change  
Avoids confrontation

Adaptive  
Sympathetic  
Thoughtful  
Nurturing  
Patient  
Tolerant  
Good listener

Double the number circled: \_\_\_\_\_

Double the number circled: \_\_\_\_\_

Which personality trait did you rate the highest? \_\_\_\_\_